

Intro to Sport

What qualifies something as a sport?

Oxford Dictionary defines sport as "an activity involving physical exertion and skill in which an individual or a team competes against another or others for entertainment."

SPORTS CASE STUDY: Basketball v. competitive eating

Take note of the qualities associated with sports in the following clips:

NBA playoffs (basketball)	Nathan's hot dog eating (competitive eating)

Is competitive eating a “sport” in the true sense of the definition? Explain.

MINI “SPORTS” DEBATES

What “counts” as a sport these days? Is spikeball a sport? What about esports? That’s the question we’re going to debate.

→ **Sports to consider:** spikeball, fishing, NASCAR, cheerleading, esports, crossfit, ping pong, hunting, roller derby, professional wrestling, pool, cornhole

You are going to:

1. Research your sport
 - a. What is your sport about?
 - b. Who can compete at this sport?
 - c. What goes into “training” for your sport?
 - d. What competitions exist in your sport? How competitive are they? Can you win money/recognition for winning?
 - e. Are there any well-known athletes in your sport? What have they done that make them stand out?
 - f. How does your sport fit the definition we outlined above?
2. Prepare some opposition research to use against your opponents’ sport.
 - a. Where can you pick holes in your opponents’ argument? What makes their sport less legitimate or sporty?
3. Debate with the opposing group over who’s sport is more of a true sport.
 - a. The class will vote on which team made a more convincing argument for their sport.